



Our Mission is to Provide:

Collaborative, professional, creative care and teamwork with clients, families, helping professionals and therapists.

Center Therapy Fees:

Paid by most major insurance companies including Blue Cross/Blue Shield, MA, Medica, UBH, Health Partners, BHP, MNCare, and TriCare.

Call 612-377-9190, ext. 1 to speak with an intake coordinator and make an appointment with a Kenwood team member

WEB: www.kenwoodcenter.org

E-MAIL: info@kenwoodcenter.org

DIRECTIONS TO KENWOOD CENTER:

From downtown Minneapolis: take Hennipen Ave N (or Hwy 94) onto Hwy 394 West. Exit on Penn Avenue and go left over the freeway onto the frontage road. Turn left onto Cedar Lake Road. The parking lot and entrance will be on your right.

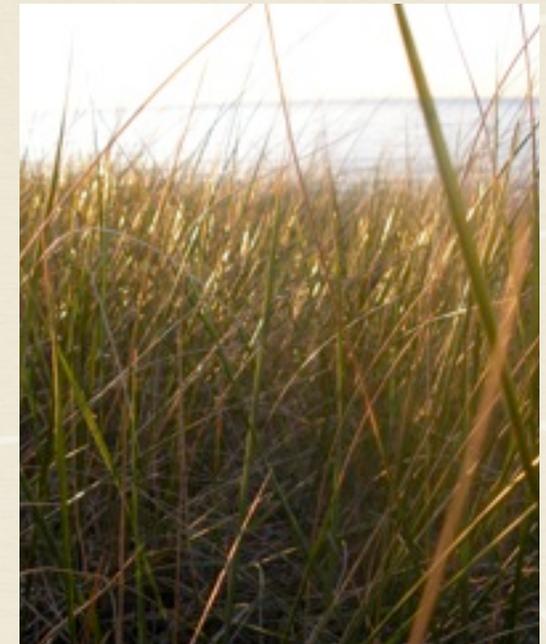
KENWOOD THERAPY CENTER, LLC
2809 SOUTH WAYZATA BLVD
MINNEAPOLIS, MN 55405-2131
Phone: 612-377-9190 x 1
Email: info@kenwoodcenter.org



**KENWOOD
THERAPY
CENTER**

Comprehensive
Individual, Couple and Family
Therapy
for Children, Teens and
Adults

Daytime, Evening and
Weekend Appointments





Kenwood Therapy Center

Providing Collaborative, Professional and Creative Individual, Couple and Family Therapy For Children, Teens and Adults. Daytime, Evening and Weekend Hours.

Ideas By Which We Practice:

People use narratives, or stories, to construct their identities and make meaning out of their lives.

People are the experts in their own lives, and possess many abilities that will assist them in reducing the influence of problems in their lives.

The person is *not* the “problem”, and one goal of therapy is to separate the person from the problem.

Therapists take a de-centered role in therapy, and act instead as collaborators.

CALL OUR INTAKE COORDINATOR

2809 South Wayzata Blvd
Minneapolis, MN 55405-2131

Phone: 612-377-9190 x 1

Email: info@kenwoodcenter.org

Web: www.kenwoodcenter.org

Our Services Include:

Child, Adolescent, and Adult Therapy:

Individual, couple, family, and group settings offered. We specialize in Narrative, Collaborative, Solution-focused and other helpful, creative therapy approaches.

Spiritually Sensitive Practitioners

Emotional Health: Depression, anxiety, phobias, grief, stress management, eating disorders, and abuse.

Relational Health: Couple and family conflict, premarital counseling, parenting, communication, adoption, and verbal or physical abuse.

Chemical Health: Alcohol and other drug assessment, intercession, therapy and aftercare using alternative and AA-related models for individuals and families.

Sexual Health: Compulsivity, child sexual abuse, incest, perpetration, boundaries, harassment, sexuality concerns, and positive sexuality development.

Hypnosis and Mindfulness Meditation: To assist in relaxation, managing negative moods, anxiety, cravings, addictions, and habits.

Cultural and Identity Services: LGBT&Q and alternative lifestyle sensitive therapists, among culturally diverse therapists.

Vocational/Organizational Consultation: Career and organizational development, coaching, conflict resolution, and team building.

Workshops and Lectures: For schools, clinics, churches, businesses and community organizations.

Trauma Assistance: To assist those who have experienced trauma in all of its forms.