



# Kenwood Center Institute

Training for Re-authoring Lives and Relationships

Online at [www.kenwoodcenter.org](http://www.kenwoodcenter.org) or call 612-377-9190 x 1

## Kenwood Center Institute 2011 - 2012 Intensives and Workshop Calendar

6-6.5 CEU's/Workshop Day Approved for LP, LMFT and SW

**Sept. 29, 2011**  
6:00 pm sharp to  
7:30 pm  
**Informational  
Meeting and  
Orientation**  
with Kenwood Staff  
(free if pre-registered)

**Nov. 4, 2011**  
**Navigating the  
World of Cyber -  
sex, Pornography  
and Abuse**  
Walter Bera, PhD  
and Sarah Gravelle,  
LMFT

**Dec. 2, 2011**  
**Honoring the Narra-  
tives of Children  
and Families  
through Creativity,  
Intentionality & Play**  
Heather Klein, PhD,  
and Sarah Gravelle,  
LMFT

**Feb. 3, 2012**  
**Advanced  
Narrative Therapy  
Approaches for  
Couples and  
Families**  
Walter Bera, PhD

**March 2, 2012**  
**Supervisors and  
Therapists:  
Advanced Legal/  
Ethical Workshop**  
Gary Schoener, LP

**April 9, 2012**  
**Buddhist Psychol-  
ogy, Mindfulness,  
Narrative and  
Creativity**  
Walter Bera, PhD

## Fall October 10-14, 2011 NARRATIVE THERAPY INTENSIVE Principles, Practices, Arts and Poetics



Intensive provides a special five-day opportunity to learn the principles and advanced practices of Narrative Therapy from the best in the world and locally. Study intimately with:

David Epston, MSW, Narrative Therapy Co-founder, Auckland, NZ

Paul Gallant, PhD, Mercer University School of Medicine, Macon, Georgia

Walter Bera, PhD, Founder/Director, Kenwood Center, Minneapolis

Sarah Gravelle, LMFT and Hana Ra Adams, PsyD, Kenwood Center

*(details on page 2 and website)*

*Sorry. Newsletter came out late so Early Registration Discount has been extended to Sept 23rd at [www.kenwoodcenter.org](http://www.kenwoodcenter.org)*

## SEEKING THERAPISTS

If you are a licensed or soon to be licensed therapist (LMFT, LP, LICSW, LPCC, RN/CNS) and are interested in working at an established, highly regarded, dynamic Narrative Therapy center and training institute, please apply now. We are looking for therapists who can see 20 or more clients per week over three or more days/evenings to do individual, couple and family therapy as independent contractors. Seeking someone who is comfortable with technology as we move toward a simple online calendar, scheduling and billing system. Enjoy flexible hours, great offices, and free parking for you and your clients as well as discounted workshops, supervision and a collaborative team atmosphere. Email a cover letter and current resume with "Therapist Position" in the subject line to [info@kenwoodcenter.org](mailto:info@kenwoodcenter.org).

### Thursday, September 29 Informational Meeting 6:00 pm sharp to 7:30 pm

Learn about Kenwood's new therapist, internship, research and volunteer positions, the Narrative Therapy Certificate Program, and LMFT, LP and LPCC supervision details over food and drink with Kenwood staff.

*Free if you pre-register*  
[info@kenwoodcenter.org](mailto:info@kenwoodcenter.org).

## Spring May 14-18, 2012 NARRATIVE THERAPY INTENSIVE Addressing Trauma with Persons, Families and Communities



Spring Intensive addresses responding creatively to trauma such as sexual abuse, physical abuse, domestic violence, war trauma and genocide. Illustrated with actual clinical videos, case studies and research. Preliminary confirmed faculty:

Cheryl White and David Denborough, Dulwich Center, Adelaide, Australia

Angel Yuen, MSW  
Narrative Therapy Center, Toronto

Walter Bera, PhD, Founder/Director  
Kenwood Center, Minneapolis

American Indian Movement  
founder Clyde Bellacourt and  
leader Bill Means

**October 10th-14th, 2011  
NARRATIVE THERAPY  
FALL INTENSIVE  
Principles, Practices, Arts  
and Poetics**

**9:00 am - 4:30 pm**

**Minnesota Church Center  
122 West Franklin Avenue  
Minneapolis, MN 55405**

Cafeteria and free parking on site

**Monday, Oct 10  
NARRATIVE THERAPY:  
TRANSFORMATIVE PRACTICES IN  
MODERNIST SETTINGS 1**

*Walter Bera, PhD, LP, LMFT, Kenwood*  
Walter presents the essential insights, principles and practices of Narrative Therapy. Illustrated with actual clinical videos, handouts and interactive exercises. Learn the often profound and pragmatic narrative questions of meaning and identity and learn the new Narragram for visualizing narrative ideas and practices to help people face the effects of abuse, trauma and addiction; new approaches to assessment, diagnosis, insurance, charting, planning, narrative visual, art and music therapy and bring new creativity and enthusiasm to life and work.

**Tuesday, Oct 11  
NARRATIVE THERAPY:  
TRANSFORMATIVE PRACTICES IN  
MODERNIST SETTINGS 2**

*Walter Bera, PhD, Hana Ra Adams, PsyD  
and Sarah Gravelle, LMFT, Kenwood*  
Walter builds on the previous day with more examples and have participants experience Narrative practice from a Buddhist psychology, mindfulness and creativity perspective and how Narrative can relate to other approaches. In the afternoon, Hana and Sarah join and share examples of their work and how one can situate oneself to the challenges of abuse, gender, ethnicity, sexuality and more.

**Wednesday, Oct 12  
NARRATIVE THERAPY: NEUROSCI-  
ENCE, PRINCIPLES AND PRACTICES**

*Paul Gallant, PhD, LCSW, LMFT  
Mercer University, Macon, Georgia*  
This international speaker and teacher of Narrative Therapy will share video presentations and live demonstrations in a lively interactive seminar format. Discuss honoring, respectful and skillful ways of assisting people struggling against the effects of trauma and other problems as children, adolescents or couples. Learn the latest findings from neuroscience research that provide support for the use of narrative principles. Strengthen your knowledge, skills, confidence, creativity and enthusiasm for your life and work.

**Thursday, Oct 13  
THE POETICS OF NARRATIVE  
PRACTICE 1**

*Narrative Therapy Co-founder  
David Epston of Auckland, NZ*  
David will present the Poetics of Narrative Inquiry and give considerable attention and thought to the politics and ethics of inquiry in Narrative practice. From its earliest days, narrative therapy has brought a kind of poetics to what for so long has been thought of as an inert, pure object- the question. This two-day workshop will review such a poetics and engage you as a kind of apprentice to live interviews, which are stopped for commentary and started again to carry on.

**Friday, Oct 14  
THE POETICS OF NARRATIVE  
PRACTICE 2**

*Narrative Therapy Co-founder,  
David Epston of Auckland, NZ*  
David will carry on the ideas from Thursday's introduction to the Poetics of Narrative Practice. Attendance to both days is highly recommended in order to gain a full understanding of the presentation.

*(To view presenters bios, please go to  
[www.kenwoodcenter.org](http://www.kenwoodcenter.org))*

**KENWOOD WORKSHOPS**

**Monthly workshops held from  
9:00 am - 4:30 pm.**

Small groups and individual training/supervision/Skype schedule determined by participants and interest.

**All held at**

**The Kenwood Therapy Center  
2809 Wayzata Blvd  
Minneapolis, MN 55405**

Easy, free parking in back and food, drink and snacks served at workshops

**Friday, November 4  
NAVIGATING THE WORLD OF  
CYBERSEX, PORNOGRAPHY AND  
ABUSE**

*Walter Bera, PhD and Sarah Gravelle,  
LMFT, Kenwood Center*

Learn how the Kenwood Center works in these difficult areas to respond sensitively, safely and ethically. Illustrated with actual clinical videotapes, case stories, assessment approaches and documents. They will present their extensive knowledge and experience working with the increasing number of children, teens and adults harmfully caught up in the world of internet-based sexual behavior (cybersex), chat rooms and pornography that can lead to real world betrayal, exploitation, sexual abuse and addiction.

**Friday, December 2  
HONORING THE NARRATIVES OF  
CHILDREN AND PARENTS THROUGH  
CREATIVITY, INTENTIONALITY, PLAY**

*Heather Klein, PhD, LP,  
and Sarah Gravelle, LMFT,  
Kenwood Center*

Experience a workshop full of creative, hands on applications of Narrative to working with children of all ages. View work done by therapists as well as engage in fun and insightful practice. Parents join in using the narrative metaphor as a guide. Participants will learn playful ways of exploring narratives is not just limited to children but fascinate all.

**Friday, February 3**  
**ADVANCED COLLABORATIVE NARRATIVE THERAPY APPROACHES WITH COUPLES AND FAMILIES**

*Walter Bera, PhD, Kenwood Center*

This popular workshop focuses on the new, innovative advances in Collaborative Narrative Therapy for common dilemmas in couple and family therapy such as parent-child conflict, verbal/physical abuse, and secrets such as affairs, abuse, addiction and more. Learn creative, honoring and skillful ways of assisting people to name the hopes, dreams, values and vision of life they hold precious in order to reposition themselves as allies in the face of couple or parent child conflict and re-author their lives and relationships.

**Friday, March 2**  
**SUPERVISORS AND THERAPISTS ADVANCED LEGAL/ETHICAL WORKSHOP**

*Gary Schoener, LP, Walk-In Counseling, Minneapolis, MN*

Gary is a dynamic and internationally known speaker on the challenging legal and ethical boundary issues that supervisors and all clinical professionals face. This updated workshop covers current legal boundary and professional standards, while providing clear, practical prevention and management strategies and safeguards for supervision, consultation and therapist challenges. Gary creatively utilizes videotapes, exercises, real case examples and extensive handouts.

**Friday, April 6**  
**BUDDHIST PSYCHOLOGY, MINDFULNESS, NARRATIVE AND CREATIVITY**

*Walter Bera, PhD, Kenwood Center*

Learn and experience the principles of Buddhist psychology, mindfulness, and narrative as they may be applied personally and therapeutically for creativity, peak performance, moods, cravings, identity, and relationships. This program is open to professional therapists and the interested public.

**May 14-18, 2012**  
**NARRATIVE THERAPY SPRING INTENSIVE**

**Addressing Trauma with Individuals, Families and Communities**  
 9:00 am – 4:30 pm

**Minnesota Church Center**  
**122 West Franklin Avenue**  
**Minneapolis, MN 55405**

Cafeteria and free parking on site

**Monday May 14**  
**RESPONDING TO THE EFFECTS OF TRAUMA FROM A CULTURAL AND HISTORICAL CONTEXT**

*Opening by American Indian Movement leader Bill Means. Presentation by Walter Bera, PhD, Kenwood Center*

Learn new, culturally sensitive and creative therapy approaches for working with those who have experienced or perpetrated sexual or physical abuse, war, addiction and more. Narrative, Collaborative and Restorative Justice approaches provide new possibilities for trauma work. Learn the Narragram, a visual way to capture clients' stories and new ideas and skills to overcome common dilemmas facing therapists, social service workers and criminal justice professionals. Illustrated with clinical videotapes, cases studies, detailed handouts and role-plays for working with children, adolescents or adults and trauma.

**Tuesday, May 15**  
**NARRATIVE SUPERVISION AND CONSULTATION: ASSISTING PROFESSIONALS' LIVES WHO RESPOND TO TRAUMA**

*Walter Bera, PhD, Kenwood Center*

Walter will teach ways to use narrative principles and ideas to helpfully address the effects of trauma on therapists, workers and communities. The effects of trauma on memory and the ways in which narrative principles can help bring focus on their response to trauma will be explored. You will see live supervision and consultation practices and approaches and many actual stories working with those exposed to people's war trauma, sexual abuse and domestic violence narratives.

**Wednesday, May 16**  
**CONVERSATIONS ABOUT GENDER, CULTURE, VIOLENCE AND NARRATIVE PRACTICE**

*Angel Yuen, MSW*

*Narrative Therapy Center, Toronto*  
 Full description to be announced.

**Thursday, May 17**  
**COLLECTIVE AND COLLABORATIVE NARRATIVE PRACTICE IN RESPONSE TO TRAUMA 1**

*Opening by American Indian Movement Founder Clyde Bellacourt, Minneapolis*  
*Presentation by Cheryl White and David Denborough, Dulwich Centre, Adelaide, Australia*

Cheryl and David work in partnership with groups and communities in Rwanda, Israel, Palestine, Bosnia, Haiti, and with Aboriginal Australian communities. They have co-developed collective narrative methodologies to respond to trauma, including: The Tree of Life, Team of Life, collective narrative documents, and songs of sustenance. This workshop will introduce key principles of collective narrative practice in response to trauma.

**Friday, May 18**  
**COLLECTIVE AND COLLABORATIVE NARRATIVE PRACTICE IN RESPONSE TO TRAUMA 2**

The second day of the workshop will build off of the ideas of Thursday's presentation. Additional stories, ideas and practices will be discussed.

**Narrative Therapy Certificate Program**  
**New Evening, Weekend and Distant Learning Options**

**Fall 2011 to Spring 2012**

Join the comprehensive, eight-month long Narrative Therapy Certificate Program: Eight days of didactic workshops completed in the Intensives and/or other trainings above and six three-hour monthly individual or small group practice/consult sessions, readings, and short papers. Small groups and 1/1's available days, evenings and weekends face/face or via Skype, and you get a workshop discount. Can qualify for LP, LMFT, LPCC supervision hours.



**Kenwood Center**  
 2809 South Wayzata Blvd  
 Minneapolis, MN 55405

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**2 0 1 1 - 2 0 1 2 R E G I S T R A T I O N F O R M**

# Registration Form

<input checked="" type="checkbox"/>	Check of Intensive/Workshops	Door	Reg	Early
	Sept 24-Kenwood Informational Mtg	\$5	Free	Free
	Oct 10-14 Fall Narrative Tx Intensive	\$750	\$690	\$630
	Nov 4-Navigating Cybersex & Abuse	\$145	\$130	\$120
	Dec 2-Honoring Stories of Children	\$145	\$130	\$120
	Feb 9-Adv Tx for Couples & Families	\$145	\$130	\$120
	Mar 2-Supervisor/Therapist Ethics	\$155	\$140	\$130
	Apr 6-Buddhist Psychology	\$145	\$130	\$120
	May 14-18, Narrative Tx Intensive	\$750	\$690	\$630
	<b>Subtotal</b>			
	Minus \$20/wksp/day for student. or \$10/day Certificate Program Participants			
	<b>TOTAL</b>			

**Please fill in registration/payment information below.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Work: \_\_\_\_\_ Home/Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Visa/MC# \_\_\_\_\_ Exp Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Register online at [www.KenwoodCenter.org](http://www.KenwoodCenter.org), or send completed form via fax, email, phone call or mail with check or Visa/MC credit card information to:

**Kenwood Center Workshops**

**2809 South Wayzata Blvd**

**Minneapolis, MN 55405**

Phone: 612-377-9190 x 1 Toll free: 877-377-9190 x 1

Fax: 612-374-4498 Email: [info@kenwoodcenter.org](mailto:info@kenwoodcenter.org)

*Call for group rate. Cancellation Fee of \$35/workshop/day.*