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SHARP is affiliated  
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## Promoting Sexual Health and Preventing Sexual Harm in the Internet Age.

**The Sexual Health and Responsibility Program (SHARP) for Youth** is a prevention, assessment and therapy program for children and teens who have a history of sexual perpetration, misconduct or harassment as well as for youth who have been victimized by sexual abuse, misconduct or harassment. It is appropriate for children and teens with sexual behavior problems that use computers or cell phones such as compulsive internet pornography use, social networking sexual misconduct, cyber sexual harassment, sexting and other technology involved forms of sexual misconduct, abuse or harassment.

The Kenwood Therapy Center multidisciplinary team provides unique comprehensive coordinated treatment for the youth that has offended, youth that was perpetrated against - whether inside the home in incest cases or outside the home with relatives or neighbors - and their families. Treatment includes validated Cognitive Behavioral Therapy education materials/approaches as well as Narrative, Collaborative and Restorative Justice Therapies working sensitively and collaboratively with all parties involved or affected to prevent, assess and treat sexual harm and promote sexual health.

### SHARP Consultation and Assessment:

#### Confidential Consultation:

Confidential consultation to individuals, families and organizations. If appropriate a phone intake for an appointment for a consultant or therapist.

#### Comprehensive SHARP Assessment:

Psychosexual evaluation includes general psychological testing, interviews with the youth that committed abuse, the youth that was perpetrated against and their families. These comprehensive treatment plans provide the highest validity and reliability for a fact based assessment. Written reports will summarize the findings.

#### SHARP Primary Treatment:

The comprehensive, intensive outpatient program consists of individual, family and group therapy. Estimated duration of the program is 6 to 18 months, depending on the severity of problem.

Groups for youth that have committed abuse, youth that have been perpetrated against, staff consultation meetings and assessment and testing are critical components to the intensive outpatient program.

#### SHARP Aftercare:

Monthly meetings for one to two years following graduation from primary care. Includes individual and family therapy, for continuation of achieved progress and relapse prevention.

### SHARP Primary Treatment Includes:

Therapy Group for Youth who have perpetrated, abused or harassed: A weekly group for youth that committed abuse. This group marks progress through a series of stages. 1.5-2 hours in length.

Therapy Group for Youth who have been victimized, abused or harassed: Offered to the youth that was perpetrated against. For safety and comfort, this group is held on a separate night than the group for youth that committed abuse.

Parent Therapy Group: Monthly therapeutic group for parents whose young people are in SHARP.

Individual Therapy: For youth that committed abuse and those that were perpetrated against. Typically scheduled weekly.

### SHARP Intensive Outpatient Program Schedule\*:

Monday Therapy Group for Youth that were Perpetrated Against: 5:00PM to 6:30PM  
Individual and family therapy sessions scheduled before and after group. Note: Psycho-educational milieu and skills development programming is included.

Tuesday Therapy Group for Youth that Committed Abuse: 5:00PM to 6:30PM  
Individual and family therapy sessions scheduled before and after group. Note: Psycho-educational milieu and skills development programming is included.

Weekly Program Team Consultation/Coordination Meeting: Held each Tuesday. This provides support and coordinated care for clinicians and others working with the youth and family.

Confidential Intake, Assessment and Testing: Intakes, assessments (including individual and family therapy) and testing are scheduled on days and times that are convenient for participants.

